



Red Dragon Academy

438 East Main Street, Menomonie WI
 (715)235-1122 or (715)309-9114

2009 SUMMER CLASS SCHEDULE

EFFECTIVE
6-15-09
 (REVISED 6/1/09)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-10:45	Adv. All Ages		Adv. All Ages			Adv. All Ages/ BBC Kamas
10:45-11:30	Beg. All Ages		Beg. All Ages			Beg. All Ages/ BBC Kamas
12:00-1:45						Competitor Workouts (as scheduled)
4:00-4:30		Little Dragons		Little Dragons		
4:30-5:10	All Belt Kids	Advanced Kids (P/Bl, R/Br)	All Belt Kids	Advanced Kids (P/Bl, R/Br)	Advanced Little Dragons (Gold and up)	
5:10-5:50	Little Dragons (5:15-5:45)	Beginner Kids (W/Go, O/Gr)	Little Dragons (5:15-5:45)	Beginner Kids (W/Go, O/Gr)	Family Class* (5:00-5:45)	
5:50-6:30	Red Striped-Belts and Above (5:45-7:15)	Beginner Sparring	Black Belts (5:45-6:30)	Beginner Bo Staff (5:50) Advanced Bo Staff (6:10)	*All Belts Ages 7+ for family class!	Red Stripes and Above (5:15-6:45)
6:30-6:45		Introductory (appointment only)	Red Str. Belts and Above (ends 7:45)	Introductory (appointment only)		
6:45-7:30	Black Belts/ All Belt Adult (7:00-8:15)	Black Belts/ All Belt Adult (6:45-8:00)	Forms Class (Gold belts and above)	All Belt Adult		<i>Red Striped and above are open to all students of those belt levels. Please be aware that from February to June these classes will focus mostly on preparing that year;s candidates for testing.</i>
7:30-8:15			All Belt Adult / BBC Judo and Escrima	Adult Sparring		

TO PRINT EXTRA COPIES OF THE SCHEDULE OR CALENDAR, OR TO FIND OUT WHAT IS COMING UP AT RED DRAGON ACADEMY, CHECK US OUT ON THE WEB AT WWW.REDDRAGONACADEMY.COM!